

Experiencing
DIZZINESS
or loss of
BALANCE?

You may have a
**VESTIBULAR
DISORDER**

Among adults over the age of **40**, more than **1/3** have experienced vestibular dysfunction.

Symptoms include:

- nausea
- lightheadedness
- feeling as though you are moving or spinning
- anxiety
- feeling off balance
- feeling as though your environment is moving or spinning
- vomiting
- fullness or pressure in the ears

AUDIOLOGISTS CAN HELP.

If you think you, or someone you know, may have a vestibular disorder, contact an audiologist today for an assessment.

Find an audiologist near you at communicationhealth.ca



Speech-Language & Audiology Canada
Orthophonie et Audiologie Canada



Speech & Hearing Month
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